

HEADSUP4HTS

COACHING PROGRAMMES



1:1 DROP IN COACHING: HEADTEACHERS

WHO'S IT FOR?

Headteachers and school leaders (new and established) who prefer a 1 hour drop in session with a HeadsUp4HTs coach. This can be for general support or to work through a specific issue or challenge.

COACHING WITH HEADSUP4HTS

The 1:1 sessions provide a safe, confidential and non-judgmental space, where leaders can explore their challenges and successes and reflect positively on their impact in schools. We focus on the whole person, within and beyond their job title, taking a holistic approach that is focused on wellbeing & personal growth, resilience and goals.

SESSION DETAILS

These sessions are coachee driven and may focus on the following areas:

School leader wellbeing

Developing Resilience

Working through specific issues using the CORE (Context, Optimise, Refine, Enact) methodology

COSTS & SESSION TIMES

£130 per hour session including a 15 minute call to discuss context

When you complete the booking form we will be in touch to arrange dates and times to suit you and the coach.



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SUPPORT@HEADSUP4HTS.CO.UK

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ASPIRING HEADTEACHERS GROUP PACKAGE

WHO'S IT FOR?

School Leaders who are looking to leap into Headship. Coaching and support to help you prepare for the transition into Headship.

COACHING WITH HEADSUP4HTS

The unique sessions provide a safe, confidential and non-judgmental space, where deputy and assistant headteachers can build their confidence as they move towards Headship. We focus on resilient leadership: this programme will boost your confidence as a leader, giving you the tools to identify your personal strengths and intentionally strengthen your own areas of development. You will complete a personal assessment to create a resilient leadership profile which will become the basis for our group and 1:1 sessions as well as receiving support with applications and interview technique.

SESSION DETAILS

6 group peer support sessions per year with a HeadsUp4HTs Coach

3 x 1:1 coaching session per year with a HeadsUp4HTs Coach

Lite Resilient Leadership Profile using the RLE™ Assessment tool

Leadership challenges to strengthen and focus your resilience in between sessions

Interview & application support session

Access to all HeadsUp4HTs National Sessions

Link with another HeadsUp4HTs DHT/AHT buddy within the network for continued support

COSTS & SESSION TIMES

£845pp

This coaching package consists of a small group of school leaders and begins when we have a minimum of 6 participants signed up. This allows us to work flexibly with the group to arrange dates and times to suit.



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