

# HEADSUP4HTS

## COACHING PROGRAMMES



### INTENTIONAL WELLBEING PACKAGE: DHTS & AHTS

#### WHO'S IT FOR?

Deputy and assistant headteachers who desire coaching with a wellbeing focus & would like to develop a supportive network of like-minded leaders

### COACHING WITH HEADSUP4HTS

The unique sessions provide a safe, confidential and non-judgmental space, where deputy and assistant headteachers can share their challenges and successes, seek support from colleagues and reflect positively on their impact as school leaders. We focus on the whole person, within and beyond their job title, taking a holistic approach that is focused on wellbeing & personal growth, strength & joy.

### COURSE DETAILS

6 group peer support sessions per year with a HeadsUp4HTs Coach

3 x 1:1 coaching session per year with a HeadsUp4HTs Coach

Access to all HeadsUp4HTs National Sessions

Link with another HeadsUp4HTs buddy within the network for continued support

### COSTS & START DATE

£695 pp

This coaching package consists of a small group of Headteachers and begins when we have a minimum of 6 participants signed up. This allows us to work flexibly with the group to arrange dates and times to suit.

**BOOK HERE**